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# The ecofunctional quality index (EQI): a new tool for assessing lagoonal ecosystem impairment

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## Abstract

A multimetric index for the evaluation of environmental quality (the ecofunctional quality index, EQI) has been developed using biotic data from three Italian coastal lagoons. Sampling programs were conducted between 1998 and 2000, on a yearly basis, with seasonal frequency at diverse sites in each lagoon. The rationale of the index is that certain attributes, selected on the basis of established principles of benthic ecology, are fundamental for lagoon ecosystem function. The chosen attributes were primary productivity, expressed as phytoplankton, seaweed and seagrass biomasses; structure and productivity of the benthic community, expressed as numerical abundance, biomass density, number of species, and taxonomic diversity of macrozoobenthos; and finally, trophic complexity, expressed as macrozoobenthic functional diversity. The EQI is constituted by the sum of weights given to these eight attributes, each transformed onto a dimensionless 0–100 quality scale. In this way, the use of EQI can derive a series of values yielding a 'functional classification' of sites within a lagoon or between different lagoons. The proposed index is a low cost, flexible and robust routine indicator of lagoon ecosystem impairment and could be of particular benefit to environmental managers and policymakers who require tools capable of expressing the degree of degradation or environmental quality of different lagoon habitats. The process of developing and the initial testing of EQI reported in this paper is intended as preliminary, and until validation of this index is accomplished by incorporating data from a wider range of lagoon environments, we caution the use of this index in anything other than an exploratory manner. 2003 Elsevier Science B.V. All rights reserved.

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## 1. Introduction

Over recent decades, there has been considerable interest in the development of meaningful indices to express, evaluate and monitor the 'health' and/or environmental quality of aquatic ecosystems. Initial efforts were usually chemically based and generally parameter specific (Karr, 1991), or utilised selected sentinel organisms (e.g. Mussel Watch; O'Connor, 1992). However, while these approaches may provide some indications of potential impacts or information on specific effects, they give little information on overall environmental quality or on the potential impacts

Numerous studies have demonstrated that benthic invertebrate communities respond in a predictable manner to many kinds of natural and anthropogenic stresses (Gray & Mirza, 1979; Gray & Pearson, 1982; Pearson, 1975; Pearson & Rosenberg, 1978; Warwick, 1986, 1993). Therefore, these communities could provide valuable information on ecosystem health since: (a) being relatively sedentary, the organisms are unable to avoid deterioration in water and sediment conditions; (b) being relatively long-lived they may integrate water and sediment quality conditions with time and register both point and chronic stresses; and (c) they are constituted

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of forcing factors at the community and ecosystem levels. In contrast, an integrated ecological approach based on structural and functional indices at the community level would be expected to provide more general indications on overall ecosystem health and alterations.

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by diverse species exhibiting a range of tolerance levels to stress and pollution (Dauer, 1993; Gray, 1979). The potential of faunal communities to serve as environmental quality indicators has long been recognised by freshwater biologists and particularly fluvial ecologists have a long tradition in application of biotic indices based on benthic macrofaunal community characteristics (Cairns, Douglas, Busey, & Chaney, 1968; Chandler, 1970; Woodiwiss, 1964). More recently, similar biocriteria, based on changes in benthic faunal community structure compared to predefined reference conditions, have been developed for the evaluation of estuarine and coastal environments (Borja, Franco, & Perez, 2000; Engle & Summers, 1999; Grall & Glemarec, 1997; Majeed, 1987; Weisberg et al., 1997). Similarly, in shallow water marine environments, the structure of the primary producer community (seagrasses, perenial and ephermeral macroalgae and phytoplankton) is sensitive to environmental conditions and especially to nutrient and light availability, i.e. nutrient and suspended matter loads (see Duarte, 1995; Sand-Jensen & Borum, 1991 for reviews), and thus could also provide potential environmental quality indices.

The political need for the development of biological criteria for the evaluation, classification and management of aquatic environments has also been recognised (Simon, 2000) and European legislation (Directive Proposal 1999/C 343/01) emphasises the importance of biotic indicators for the assessment of the environmental quality of coastal habitats. However, although functional descriptors of aquatic ecosystem integrity have been identified, only indices based on abiotic measures have been officially recognised by the Italian Government, in the framework of the Italian Act 152/99 (paragraphs 3.4 and 3.5). In this act, the classification of environments is based on the TRIX index (Vollenweider, Giovanardi, Montanari, & Rinaldi, 1998). This index relates chl-a, inorganic nitrogen and phosphorus and dissolved oxygen concentrations, but is inadequate for the evaluation of shallow water lagoon and coastal environments, since in these systems primary production is dominated by benthic seagrass, macro- and microalgal communities. However, the same Italian Act also recognises the need for more integrated indices, since the legislator foresees the future definition of ecological criteria for the assessment of the trophic status and environmental quality, particularly with respect to lagoon habitats.

With this aim in mind, we have developed a multimetric index, the ecofunctional quality index (EQI) which is based on the characteristics of the primary producer and benthic faunal communities and is intended to overcome the above cited problems, and to provide a tool for environmental managers and policymakers who require simple, manageable methodologies for the classification, evaluation and monitoring of the ecological condition of natural and/or degraded lagoon habitats. This note reports the development and preliminary testing of the EQI.

#### 2. Materials and methods

# 2.1. The model

We propose a system constituted by a number (seven or eight, dependent if macroalgae are present or not) of ecological attributes, which are integrated to generate a single index to express the environmental quality of lagoon habitats, EQI. Estuarine and coastal lagoon ecosystems are subjected to varying degrees to chronic natural and anthropogenic disturbances of different typologies, and are constituted by a mosaic of patches at different levels of impairment and successional phases. These environments generally are also highly productive and therefore we felt that production should be included amongst the metrics assessed. However, productivity determinations are an expensive, technically demanding and time consuming task to perform and thus are not ideally suited for inclusion in an assessment model such as the EQI. In contrast, attributes such as the biomass of different primary producers present within a habitat can be easily and rapidly estimated, and may give an adequate assessment of potential productivity.

The sum of yearly mean values of a series of attributes which are known to play primary roles in the functioning of estuarine and lagoon ecosystems gives rise to a more general measure of ecosystem functioning which, in turn, provides an index of the health of the environment. EQI combines a complex suite of attributes, such as total biomass of primary producers (divided into phytoplankton, macrophytes and macroalgae when present), total biomass and abundance of secondary producers, community measures such as the number of taxa and taxonomic diversity of the macrofauna, and trophic measures such as the functional diversity of the macrofauna, into an ecologically meaningful index. Each of these attributes, which are expressed by heterogeneous units, is then transformed onto a dimensionless quality scale of 0–100, simply by assigning 100 to the highest value, and by normalising to 100 all the other values. Once all attributes are expressed by means of this scale, they are combined to obtain the integrated index, whose maximum theoretical value will vary from 700 to 800, depending on whether macroalgae are present in the particular habitat. These values would correspond to the optimum condition of the index, irrespective of the units and magnitudes used to measure the different individual attributes; obviously, the closer the actual values are to, say, 800, the better the condition of the environment. EQI also allows comparisons to be made

between sites from different lagoons (nEQI). Data sets from the different lagoons are merged into a worksheet so that the value of each attribute can be rescaled, using the same quality scale of 0–100, on the complete data set. Finally, scores are summed and divided by the number of attributes measured in each different lagoon. In this way, the use of EQI can derive a series of continuous values, from 0 to 800 (nEQI: from 0 to 100): the result obtained is a 'functional classification' of the sites within a lagoon or between different lagoons.

## 2.2. Data collection

Data sets were gathered in three coastal lagoons located in the Po River Delta (Fig. 1), namely the Sacca di Goro, Valle Fattibello and Valli di Comacchio; a total



Fig. 1. Map of the lagoons indicating the locations of the studied reference sites.

of 16 sampling sites (Goro, 7; Fattibello, 5; Comacchio, 4) were chosen as representative of the different lagoon habitats on the basis of historical data sets, local expertise and best judgment (Bencivelli & Castaldi, 1991; Bencivelli, Castaldi, & Finessi, 1994; Dallocchio, Ghion, Milan, & Viaroli, 1998; VV.A.A., 1999). Valle Fattibello geographically belongs to the wider Valli di Comacchio lagoonal system, but its characteristics are so different from those of Comacchio (Mistri, Fano, Rossi, Caselli, & Rossi, 2000) that we considered it as an independent water body. Each lagoon was sampled with a seasonal frequency over a 1-year period (Fattibello, 1998–1999; Goro, 1998–1999; Comacchio, 1999–2000). At each site, within each individual lagoon, three replicate benthic samples were collected for the analysis of the macrofaunal community using a Van Veen grab; fauna retained on a 0.5 mm screen were identified to the lowest practical taxonomic level (usually species) and counted. Macroalgae, whenever present, were harvested in triplicate from a known area of sediment using a benthic drag. Macrophytes, when present, were collected by cutting the leaves contained within triplicate plexiglas cylinders haphazardly settled onto the sediment. Phytoplanktonic biomass was assumed to be proportional to the chl-a concentration (Environmental Protection Agency, 2000) and was directly read in the water column using a Idronaut<sup>©</sup> Ocean Seven 316 CTD probe. The biomasses of fauna, algae and macrophytes were obtained by oven-drying to constant weight, following standard methods (Crisp, 1984). For macrofauna, taxonomic diversity was traditionally computed as the Shannon–Wiener index, while functional diversity was calculated by applying the Shannon–Wiener formula to abundance data for the major functional groups (i.e. grazers, scrapers, suspension-feeders, surface depositfeeders, subsurface deposit-feeders and predators; Gaston & Nasci, 1988).

### 3. Results

Based on historical data sets (Bencivelli & Castaldi, 1991; Bencivelli et al., 1994; Dallocchio et al., 1998; Regione Emilia Romagna, 1999), the opinions of local experts and best judgement, the 16 studied sampling sites were roughly classified a priori, as disturbed Goro (sites G1, G4 and GG), Fattibello (sites F3 and F4), Comacchio (site C6); moderately disturbed Goro (site G5/8), Fattibello (sites F1 and F2), Comacchio (sites C2 and C4); and minimally disturbed Goro (sites G5, G7a and G7b), Fattibello (site F5) and Comacchio (site C5). In both the Goro and Fattibello lagoons seagrass meadows are completely absent, whilst macroalgal blooms have never been observed in the Valli di Comacchio and some residual seagrass meadows persist (Piccoli, 1998), for example, at site C5.



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For each lagoon, seasonal values for each of the single attributes were averaged in order to damp seasonal fluctuations. The mean annual values at each individual site, for each of the attributes considered in the model are reported in Table 1. A matrix with the attributes listed by row and the sampling sites by column was then constructed for each of the considered lagoons, in which, in each row, a score of 100 was assigned to the highest value for each attribute, and all the other values in the row were rescaled relative to this value as described in Section 2. The values in each column were then summed, to give the EQI at each site in each lagoon (Table 2). Highest scores were obtained by sites G5, G7a and G7b of the Sacca di Goro, site F5 in Fattibello and site C5 in Comacchio, i.e. the minimally impaired reference sites. Whereas, the lowest scores corresponded with sites G1, G4 and GG of the Sacca di Goro, sites F3 and F4 in Fattibello and site C6 in Comacchio, i.e. the most disturbed reference sites.

An inter-lagoon comparison (nEQI, Table 3) was performed by merging matrices for the different lagoons into a single matrix, with lagoons and sites in columns, mean values of attributes in rows and by repeating the scaling procedure by assigning 100 to the highest attribute value in whole data set and recalculating the individual values relative to this scale. Finally, to give the nEQI the sum of each column was divided by the total number of entries in rows, i.e. the number of attributes measured at that site. According to this inter-lagoon quality scale, the best sites were again G5, G7a, G7b, F5 and C5, while the most impaired sites were F3, G4, C4 and C6, thus reflecting the a priori quality assignment of each site, with the exception being GG and C4 sites, that were classified a priori as a highly and moderately disturbed sites, respectively, but which scored as a moderately and a highly disturbed site by nEQI in the inter-lagoon comparison.

## 4. Discussion

The recognition that chemical water quality analyses alone are inadequate to predict or reflect the condition of all aquatic resources has led to the development of measures of biological integrity, expressed by biological indicators. The identification of such routine indicators, which should be easily measurable, inexpensive and robust, is a relatively difficult task. The majority of quality indices developed so far (Borja et al., 2000; Cairns et al., 1968; Chandler, 1970; Engle & Summers, 1999; Grall & Glemarec, 1997; Majeed, 1987; Weisberg et al., 1997; Woodiwiss, 1964) were designed to differentiate between impacted and reference sites. However, environmental managers and policymakers also require tools capable of distinguishing the degree of degradation to the biotic community. The advantage of the

biocriteria presented here, the EQI and nEQI indices, is that areas of intermediate impact can be clearly identified along an environmental quality scale. Thus, these indices provide a greater degree of sensitivity to degradation in habitat quality, compared to other currently available methods. Moreover, EQI and nEQI were designed specifically for the evaluation of lagoon ecosystems and consider specifically attributes, which are known to play major roles in lagoon ecosystem functioning, while other biocriteria have been calibrated mostly for marine or freshwater habitats. EQI and nEQI have several further advantages over other methods: there is no need for a deep taxonomic expertise or the painstakingly detailed analysis of species, since, for the use of these techniques, instead of identifying and counting, say, Gammarus aequicauda, Gammarus insensibilis, Echinogammarus veneris and Neogammarus adriaticus, one can count as Gammaridae sp. 1, sp. 2, sp. 3 and sp. 4, simply on the basis of gross morphological differences, since for these indices, it is the number of species and not their names which is important. This is also true for assigning animals to broad functional categories, since with a few exceptions (e.g. the detritivorous amphipod Corophium insidiosum), species belonging to the same lower taxonomic level (e.g. family) usually feed in the same manner (Gambi  $\&$ Giangrande, 1985; Scipione, 1989). Similarly, there is no need for complex or expensive analytical equipment, and moreover, since the proposed procedure is independent of the units or magnitudes used to measure the various ecological attributes, one can choose the most practical technique depending on the available expertise and laboratory facilities (e.g. phytoplanktonic biomass can be estimated by measuring chl-a concentration, cell counting, etc.).

Many of the biocriteria so far developed for environmental evaluations are based on the paradigm of Pearson and Rosenberg (1978), which stated that benthic communities respond to improvements in habitat quality in three progressive steps: the abundance increases, species diversity increases, and dominant species change from r-selected pollution tolerant to k-selected pollution sensitive organisms. Thus the development of EQI was based upon established principles of benthic ecology, not by developing new ones. However, the EQI places no fixed artificial limits on any of the measured attributes and simply reflects the relative difference in parameters between sites or lagoons, i.e. no values are imposed as representing high or low environmental quality. This characteristic, along with the inclusion of several community-based attributes, allows inclusion of attributes which alone would provide only equivocal information. For example, high macrofaunal abundance may indicate high environmental quality (e.g. a seagrass meadow with abundant epifauna) or a chronically eutrophied environment where the macrozoobenthos is dominated by numerous, small sized, tolerant surface deposit-feeders (Pearson & Rosenberg, 1978). Thus macrofaunal abundance alone is a poor indicator, but using an integrated index such as EQI distinguishes these two cases, as both sites would score highly for macrofaunal abundance, the eutrophied site would score poorly for macrofaunal biomass, number of species, biodiversity and functional diversity compared to a pristine site (Pearson & Rosenberg, 1978) and thus would have a lower overall EQI score. Moreover, the attributes on which EQI is computed are of major importance to the functioning of lagoon ecosystems. Estuaries and lagoons are extremely dynamic systems (McLusky, 1971), and are among the most productive ecosystems known to man (Barnes, 1984). In such environments, phytoplankton is the base of most food webs, and fish production is linked to phytoplankton primary production (Day, Hall, Kemp, & Yanez-Aranciba, 1989), therefore phytoplankton abundance is included as EQI attribute. Similarly, the beneficial role to estuarine and lagoon functioning played by seagrass meadows is universally recognised (Edgar, 1990; Lewis, 1984), therefore seagrass biomass is classed as a positive attribute and sites without seagrass score a zero. In contrast, the role of macroalgal mats is controversial, since macroalgal blooms can have both positive and negative effects depending on the scale of the bloom (Raffaelli, Raven, & Poole, 1998). On the one hand, seasonal mats of ephemeral macroalgae are a natural component of many estuarine habitats, they can contribute significantly to overall primary and secondary production and the maintenance of discrete patterns of faunal distribution (Everett, 1991), by enhancing food availability, increasing habitat complexity, providing physical protection from predators and the possibility for coexistence between species (Hull, 1987; Norkko & Bonsdorff, 1996a,b; Norkko, Bonsdorff, & Norkko, 2000; Parker, Duffy, & Orth, 2001; Thiel & Watling, 1998). Indeed, macrofaunal abundances and secondary production within algal mats can greatly exceed those in the underlying or adjacent macroalgae-free sediments (Norkko et al., 2000; Österling  $\&$  Pihl, 2001; Vetter, 1994, 1998). On the other hand, negative influences on seagrass and macrofaunal communities dominate when the macroalgae occur at high densities, covering large areas for prolonged periods of time (Norkko & Bonsdorff, 1996a,b). However, since the negative impacts on macrofaunal communities are mediated largely by the hypoxia, anoxia or dystrophy induced when the macroalgal biomasses collapse and are degraded (Castel, Caumette, & Herbert, 1996; Caumette, 1986; Izzo & Hull, 1991; Viaroli, Azzoni, Bartoli, Giordani, & Tajé, 1995; Viaroli, Bartoli, Bondavalli, & Naldi, 2001), the threshold biomass at which these negative impacts occur is highly dependent

upon local characteristics, such as the degree of confinement or hydrodynamism of the site. Therefore, within the EQI instead of arbitrarily imposing a macroalgal biomass density at which impacts switch from being net positive to net negative, we count macroalgal biomass as a positive attribute to reflect the potentially positive influences of macroalgae and allow the effects of excessive macroalagal biomasses to manifest themselves through their negative impacts on the other EQI attributes, e.g. seagrass communities which are shaded out and macrofaunal communities which are impoverished through loss of sensitive species during hypoxic, anoxic and dystrophic events. However, in contrast to the seagrass case, where absence of seagrasses resulted in a zero score to reflect the absence of a positive influence, in the case of macroalgae, where the community influences are highly variable, the absence of macroalgae is considered to be environmentally neutral, no score is ascribed and the EQI or nEQI is calculated based solely on the remaining seven attributes.

There is an urgent need for the development of environmental indicators and indices for the assessment of environmental quality/change. Such tools must be able to simultaneously evaluate interactions between, and the cumulative impacts on environmental media and resources of different types of forcing. Additionally, investigations of environmental change require detailed analysis of the processes involved, in order to facilitate the prediction of environmental response(s) over a wide range of spatial and temporal scales, as well as the capacity to translate these predictions into a format upon which informed decisions can be made (Malkina-Pykh, Pykh, & Lenz, 1999). We feel that EQI fully satisfies all these requirements. EQI implies a comprehensive description not only of the single elements of the ecosystem, but also of the principal processes that characterise lagoon ecosystem function, as has been recommended by the International Committee on Environmental Indices (Malkina-Pykh et al., 1999). EQI is composed of eight ecosystem attributes each of which has ecological relevance for lagoon ecosystems. Individually, all these attributes are themselves useful indicators of environmental conditions. However, the combination of these attributes into a single index, provides a more robust, overall indicator of the response of the natural communities to environmental perturbations and avoids misleading or ambiguous results, as unequivocal indicators, such as the previously discussed examples of macrofaunal abundance or macroalgae, are corrected or compensated for by their effects on or interactions with the other EQI attributes. The EQI is also a flexible indicator and could easily be extended to include other physical (e.g. hydrodynamic), chemical (e.g. oxygen concentration) or biogeochemical (e.g. sediment oxygen demand or respiratory quotient)

indicators directly, rather than indirectly through their effects on the macrofaunal and primary producer communities. Indeed, increasing the number of considered attributes could further increase the robustness of this analysis by decreasing the overall weighting of the individual attributes to the final result. Although, the benefits of such extensions must be balanced against the increased material, time, personnel and financial costs involved.

In this study, we carried out an EQI analysis of sites in three Northern Adriatic coastal lagoons and obtained a classification of these sites which corresponded well with a subjective a priori classification of the same sites based on the results of previous environmental studies, the opinions of local experts and best judgement. Thus our results indicate that EQI analysis is able to give an accurate evaluation of the environmental quality of lagoon environments. However, while encouraging, these data must be considered as being preliminary and the general applicability of EQI for the evaluation of lagoon habitats still needs to be validated. Most of our sites belong to a long-term monitoring program, and in subsequent years we intend to revisit these sites and to acquire data on sites in geographically distant areas in order to validate and, if necessary modify the EQI index. Therefore, until such a validation process has been completed we recommend that the EQI should only be used with caution.

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